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Introduction

The introductory courses for oceanography and meteorology include a field work project that is executed by each student individually. We aim to increase the students' motivation and consequently the learning outcome by applying three different methods throughout the semester. Self-determination theory suggests that internal motivation is created by the need for or feeling of [1]:

Competence

Co-creation

1. Design of personal research question

Students can either

- choose a project from a given list of suggestions
- come up with their own question

For guidance, a list of available instrumentation and course goals is provided.

Advantages

 \star students can self-determine their personal course outcome \rightarrow **autonomy**

 \star students are deeply interested in the outcome of the experiment



Student perspectives

Regarding experiences with 3.:

former student: "Det var gøy å friske opp litt i kunnskapen fra GEOF100." current student: "Det hjalp med gjennomføring av målinger, og å komme i gang med skrivingen."

2. Group supervision

Alignment of the research question with student's knowledge and skills

• Groups consist of 2-4 students with different projects + teacher

• every student

Advantages

- \star students learn about each other's projects
- \star students can contribute with their knowledge to other's projects \rightarrow competence

 \star students solve their problems together \rightarrow relatedness

3. Exchange with former students

In case a project has been performed in a similar way in the previous year, the teacher puts the former student into contact with the current student. They are free to exchange any type of knowledge or information

Advantages

Conclusions

- Motivation increased \rightarrow quality of student reports was high
- all three methods improve learning experience independent of class size

 \star the former students can apply their knowledge \rightarrow **competence**

2. Group supervision

- \star the knowledge is transferred across cohorts
- \star the additional resources increases the independence of the teacher \to **autonomy**
- \star the students may together improve the experimental design \rightarrow relatedness

Outcome - some examples

1. Design of personal research question

- How does humidity change in the bathroom while I am taking a shower?
- What drives changes in humidity in my local training center – the weather or the amount of people training?
- What type of tides can I observe near my parents' cabin?
- \star research questions are related to the students' daily life experiences

 \rightarrow relatedness & autonomy

The instrument needs to float on the ocean's surface for about two **Problem:** weeks.

- Solution: A friend of mine owns a boat, we can ask him whether we can attach the instrument to the boat or whether he knows of a suitable floating dock.
- \star the students could use their network to solve the problem without help from the teacher \rightarrow relatedness & autonomy & competence

3. Exchange with former students

Measuring current velocity due to tidal forcing: tremendous improvement of experimental design

- \rightarrow improved measurement accuracy
- \rightarrow increased measurement frequency
- \rightarrow increased complexity of the research project
- \rightarrow relatedness & autonomy & competence

former student: measured velocity of floating plastic bottles \rightarrow there was no suitable point of reference to measure the distance current student: measured velocity with a fishing rod \rightarrow consistent distance measurement

former student: took four measurements during the full tidal cycle

current student: took hourly measurements for 18 hours

current student: measured at several locations across the fjord & measured bottom topography to calculate an accurate volume flux



scan to find the full proceedings:



References

Edward L. Deci and Richard M. Ryan. The "What" 11 and "Why" of Goal Pursuits: Human Needs and the Self-Determination of Behavior. Psychological Inquiry, 11(4):227–268, 2000.